



# LET'S TALK ABOUT MENTAL HEALTH

## It's time to apply to the 2024-2025 BeWellATL Teen Mental Health Roundtable!

Make an impact in your community, work to **destigmatize mental health**, and **educate your peers**.

### What is the Teen Mental Health Roundtable?

A collective of teens that provide insight and share real life experience to help the community understand what teens **really** need to support their mental health.

### You are:

- ✓ In 10<sup>th</sup> or 11<sup>th</sup> grade in school year 2024-2025
- ✓ Interested in supporting your peers' mental health

### Your role:

- ✓ Serve as a member of our collective
- ✓ Share input about teen mental health needs
- ✓ Opportunities for leadership development
- ✓ Plan & participate in a Spring 2025 community-wide mental health event
- ✓ Establish connections & develop friendships with like-minded peers

### When?

**Sundays at JF&CS**  
**1:30 - 4:30 PM**

2024:

Aug 25 | Sept 29 | Oct 27  
Nov 10 | Dec 15

2025:

Jan 12 & 26 | Feb 23  
March 23 | April TBD  
May TBD

### To apply:

[jfcsatl.org/teenroundtable](https://jfcsatl.org/teenroundtable) | Application deadline: Aug. 4, 2024 | Limited spots available



**BeWELLATL**  
an initiative of JF&CS



BeWellATL is an initiative of Jewish Federations of North America, in partnership with Network of Jewish Human Service Agencies.